

Get on a path to more financial freedom today

Build deeper knowledge, better habits, and more confidence—one step at a time.



| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|---|
| Week One Managing Your Money | | | | 1 Organize your finances.  | 2 Understand the mind-money connection. | 3 Reduce stress with a sensible budget. | 4 Be smarter with your money. |
| Week Two Building Your Savings | 5 Prioritize short- and long-term financial goals. | 6 Save a little bit more each year. | 7 Be prepared for the unexpected.  | 8 Women: Avoid the gender gap trap. | 9 Spend with a plan in retirement. | 10 Don't short-change your retirement. | 11 Plan ahead to save on travel.  |
| Week Three Tackling Debt | 12 Choose the right way to spend down debt.  | 13 Make your credit cards work for you (not the other way around). | 14 Take steps to improve your credit score. | 15 Get the most out of your student loans. | 16 Buy or rent: Make the right choice for you.  | 17 Learn about retirement plan loans. | 18 Minimize debt to maximize savings. |
| Week Four Investing with Confidence | 19 Master investing basics. | 20 Learn the investment lingo.  | 21 Learn how the stock market works. | 22 Think long term to take advantage of compounding. | 23 Grow your investing comfort with myth busting. | 24 Learn to be a patient investor.  | 25 Be a savvy investor. |
| Week Five Taking Care of Business | 26 Know when and how to claim Social Security. | 27 Be strategic with retirement withdrawals. | 28 Learn how to prepare an estate plan. | 29 Work less and live more with a semi-retirement.  | 30 Select your beneficiaries carefully. | 31 Put your new financial insights to the test: Quiz | |